

**Spring Canal Canter Day 1 Provisional Results**

Rank	Bib	Name	Club	M/F	Time
<b>5k</b>					
1.	32	Darren Martin	Winstone Runners	1st Male	0:18:22
2.	21	Paul Brook		2nd Male	0:27:44
3.	30	Rachel Jovanovic	Aircentre Pacers	1st Female	0:28:18
4.	31	Claire McColl	Aircentre Pacers	2nd Female	0:28:19
5.	15	Kirk Mavraki		3rd Male	0:28:35
6.	19	Maryam Alshammar		3rd Female	0:30:25
7.	17	Lucy Hirst		F	0:31:03
8.	8	Felicia McLaren		F	0:31:05
9.	6	Catherine Warr		F	0:32:57
10.	34	Anne Procter	Aircentre Pacers	F	0:34:47
11.	3	Amez Sulaiman		F	0:35:00
12.	20	Nicole Clarke		F	0:35:15
13.	13	Joseph Johnson		M	0:38:28
14.	25	Rebecca Johnson		F	0:38:29
15.	33	Ying Xie		F	0:38:34
16.	16	Liv Haynes		F	0:39:20
17.	28	Sarah Ali		F	0:46:39

**Spring Canal Canter Day 1 Provisional Results**

Rank	Bib	Name	Club	M/F	Time
<b>10k</b>					
1.	145	Tony Coyne	Belle Vue Racers	1st Male	0:36:40
2.	149	Matthew Evans	Belle Vue Racers	2nd Male	0:39:28
3.	66	Daniel Hollis	Roundhay Runners	3rd Male	0:43:32
4.	146	Matthew Coyne		M	0:44:34
5.	115	Paul Carr		M	0:47:39
6.	92	Jack Gorton		M	0:47:56
7.	72	David Porter		M	0:48:57

8.	71	David Mcallister	Rodillian runners	M	0:51:38
9.	68	Dave Wallace		M	0:51:55
10.	82	Gemma Whitwell		<b>1st Female</b>	0:52:26
11.	74	Eleanor Houlton		<b>2nd Female</b>	0:52:36
12.	148	Andy Judd		M	0:53:18
13.	135	Steven Knowles		M	0:53:29
14.	65	Daniel Clark		M	0:53:37
15.	140	Tim Bennett	Harrogate Harriers	M	0:53:45
16.	76	Elliott Wyatt		M	0:53:56
17.	102	Liam Scott		M	0:55:23
18.	88	Helen Hayes		<b>3rd Female</b>	0:55:45
19.	119	Richard Stangroom		M	0:56:20
20.	62	Claire Strover		F	0:56:27
21.	89	Helen Oyston		F	0:56:55
22.	84	Hannah Thomas		F	0:57:09
23.	128	Sarah Jarrett		F	0:57:16
24.	39	Adrian Grunwell		M	0:57:17
25.	81	Fran Jones		F	0:58:17
26.	44	Andrew Clarke		M	0:59:43
27.	93	Jade Thomas		F	1:00:05
28.	79	Emma Broughton	Otley AC	F	1:00:06
29.	90	Hollie Prince		F	1:00:24
30.	43	Andrew Clark		M	1:01:58
31.	51	Candice Mather		F	1:02:09
32.	129	Sarah Leithgoe		F	1:02:16
33.	59	Christine Burrows		F	1:02:29
34.	49	Beth Daunt		F	1:02:37
35.	52	Cath Endersby	Rothwell	F	1:02:38
36.	127	Sarah Checkland		F	1:03:08
37.	80	Emmeline Allison		F	1:03:45
38.	139	Thomas Mccruden		M	1:03:47
39.	147	Amanda Godbolt		F	1:04:11
40.	73	Dominic Coyle		M	1:04:16

41.	99	Laura Chambers	Bramley Breezers	F	1:05:22
42.	111	Mohammed Arfan		M	1:06:20
43.	117	Rachel Brighton		F	1:08:01
44.	121	Robert Dickinson	St. Therasas	M	1:08:18
45.	85	Hannah Wright	Steel city striders	F	1:09:26
46.	103	Lisa Markham		F	1:10:12
47.	83	George Parkinson		M	1:11:44
48.	41	Amy Evans		F	1:12:30
49.	131	Sarah Murray		F	1:13:47
50.	86	Harry Checkland		M	1:15:33
51.	56	Chelsie Stanley		F	1:17:26
52.	113	Pam Sturges		F	1:18:07
53.	53	Catherine Benson		F	1:18:08
54.	42	Amy Mccruden		F	1:21:30
55.	138	Susan Wright		F	1:22:06

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Rank	Bib	Name	Club	M/F	Time
<b>10M</b>					
1.	162	Jacqui Columbine		1st Female	1:47:26
2.	156	Amy Gascoyne		2nd Female	2:16:44

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Rank	Bib	Name	Club	M/F	Time
<b>Half Marathon</b>					
1.	233	Jonathan O'hara		1st Male	1:31:10
2.	205	Ruth Simmons		1st Female	1:32:03
3.	273	Tyrone Goddard		2nd Male	1:33:03
4.	240	Lee Ridley	UK net runner	3rd Male	1:33:35
5.	214	Harry Payne		M	1:34:37
6.	174	Aileen Wilson	Garscube Harriers	2nd Female	1:38:11

7.	192	Christian Bruce-halliwell		M	1:41:44
8.	263	John Roberts		M	1:41:53
9.	222	James Churchill		M	1:44:29
10.	245	Mark Prince		M	1:44:30
11.	232	Joe Luby		M	1:45:08
12.	186	Ben Neal		M	1:45:50
13.	195	Christopher Lunardi		M	1:46:00
14.	257	Robert Alfrey		M	1:46:52
15.	181	Alice Pilkington		<b>3rd Female</b>	1:46:52
16.	259	Rod Wilson	Knavesborough	M	1:47:13
17.	194	Christopher Colquitt		M	1:49:47
18.	176	Alex Kalischer		M	1:50:09
19.	260	Russell Goddard	Stratford Tri	M	1:52:38
20.	223	James Hayes		M	1:53:25
21.	252	Peter Grime		M	1:53:39
22.	270	Victoria Butt		F	1:54:09
23.	206	David Briggs		M	1:55:25
24.	190	Chris Rhodes		M	1:56:16
25.	187	Bruno Rushforth	Leeds Brad Tri	M	1:57:26
26.	246	Martha Sweet		F	1:57:40
27.	239	Kirsty King		F	1:57:40
28.	217	Holly Austin	Chapel Atterton	F	1:58:09
29.	177	Alex Linton		M	1:58:23
30.	272	Stuart Lloyd		M	1:58:23
31.	189	Chris Mulrine		M	1:59:15
32.	226	James Thompson		M	2:00:34
33.	184	Ashley Hewes		M	2:01:55
34.	211	Glynn Crabtree		M	2:02:10
35.	204	Dave Hewitt	Steel City Striders	M	2:03:31
36.	203	Darrel Stephens		M	2:05:41
37.	266	Sari Teasdale		F	2:05:53
38.	241	Liam Mcmonagle-dunn	Crossgate Harriers	M	2:06:17
39.	372	Paul Storr		M	2:06:18

40.	231	Jilly Svikis	Crossgate Harriers	F	2:07:30
41.	185	Ashley Mehr		M	2:10:21
42.	224	James Jarvis		M	2:11:12
43.	254	Rhys Herman		M	2:11:12
44.	200	Craig Hewitt		M	2:13:10
45.	265	Gavin Maxfield		M	2:14:34
46.	219	Ivan Laventhal		M	2:15:35
47.	201	Damien Brindle		M	2:16:49
48.	213	Hannah Mollet		F	2:17:30
49.	247	Martin Finlay	Fordy Runs	M	2:17:37
50.	258	Robert Glover	Queensbury RC	M	2:19:36
51.	237	Katie Wagstaff		F	2:21:08
52.	255	Richard Butt		M	2:21:29
53.	253	Rebecca Butt		F	2:22:56
54.	244	Marian Lowther	Witchfield RC	F	2:23:11
55.	215	Heather Williams		F	2:23:27
56.	261	Sam Beecham		F	2:23:36
57.	188	Carl Mitchell		M	2:24:54
58.	182	Amy Brook		F	2:25:58
59.	225	James Stevenson		M	2:25:59
60.	271	Tori Anderson-john		M	2:28:05
61.	269	Lisa Mead	Tadcaster Harriers	F	2:28:26
62.	268	Debbie Barker	Tadcaster Harriers	F	2:28:27
63.	243	Lydia Daley		F	2:30:29
64.	267	James Brett		M	2:39:53
65.	229	Jess Rushton	Wakefield Tri	F	2:41:02
66.	221	Jacob Newton		M	2:41:55
67.	248	Megan Wise		F	2:42:54
68.	264	Kate Longthorn		F	2:44:23
69.	238	Kimberley Withers		F	2:58:25
70.	256	Richard Morgan		M	

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<b>Rank</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>M/F</b>	<b>Time</b>
<b>20 Miles</b>					
<b>1.</b>	281	Abby Barker		<b>1st Female</b>	2:34:34
<b>2.</b>	316	Matthew Johnston		<b>1st Male</b>	2:37:24
<b>3.</b>	285	Alex Daniels		<b>2nd Male</b>	2:50:06
<b>4.</b>	298	Erica Modena		<b>2nd Female</b>	2:56:27
<b>5.</b>	282	Adam Beesting		<b>3rd Male</b>	2:56:54
<b>6.</b>	291	Dave Beech		M	2:58:04
<b>7.</b>	323	Rob Eastham		M	3:00:04
<b>8.</b>	296	Elizabeth Thompson	Lonely Goat	<b>3rd Female</b>	3:04:36
<b>9.</b>	313	Kelvin Parkin		M	3:08:43
<b>10.</b>	329	Tom Faerber		M	3:10:30
<b>11.</b>	326	Shelley Dring		F	3:11:18
<b>12.</b>	292	David Rafton		M	3:13:07
<b>13.</b>	311	Kathryn Thompson		F	3:21:34
<b>14.</b>	332	Adam Barnes		M	3:26:39
<b>15.</b>	317	Maysoon Mehdi		F	3:26:43
<b>16.</b>	334	Alison Carroll		F	3:26:58
<b>17.</b>	284	Alec Doughty		M	3:28:12
<b>18.</b>	304	Iain Thomson		M	3:28:15
<b>19.</b>	197	Clare Marsden		F	3:35:51
<b>20.</b>	330	Victoria Lister		F	3:35:53
<b>21.</b>	309	Jessica Murphy		F	3:36:07
<b>22.</b>	289	Charlotte Crick		F	3:37:04
<b>23.</b>	333	Elisabeth Briggs	Steel City Striders	F	3:38:36
<b>24.</b>	283	Aimee Woolley		F	3:39:18
<b>25.</b>	312	Katie Holmes		F	3:40:15
<b>26.</b>	318	Michael Speight		M	3:41:24
<b>27.</b>	295	Eddy Fuller		M	3:44:18
<b>28.</b>	297	Emma Whitaker		F	3:44:38
<b>29.</b>	303	Hilary Dutton		F	3:55:16
<b>30.</b>	300	Hannah Molesworth		F	3:55:16

31.	305	Iona Fox		F	3:56:12
32.	288	Carol Ramsden		F	3:56:59
33.	301	Hannah Sanders		F	4:03:30
34.	322	Rachel Wood		F	4:03:36
35.	325	Sarah Papadimos		F	4:06:30
36.	290	Charlotte Kent		F	4:12:49



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<b>Marathon</b>					
1.	344	Andrew Powers		<b>1st Male</b>	2:56:44
2.	380	Colin Johnston	100 Marathon Club	<b>2nd Male</b>	2:58:06
3.	349	Chris Parker		<b>3rd Male</b>	3:24:26
4.	369	Matthew Dallywater		M	3:27:00
5.	341	Alex Thistlethwaite		M	3:30:31
6.	364	Louise Murray		<b>1st Female</b>	3:35:02
7.	381	Keith Johnston	100 Marathon Club	M	3:36:22
8.	396	Gareth Harland	Bingley Harriers	M	3:51:57
9.	368	Mateusz Czerniak		M	3:54:05
10.	377	Stephanie Innes		<b>2nd Female</b>	3:54:14
11.	346	Beverly Hurst	Horsforth Harriers	<b>3rd Female</b>	3:54:30
12.	378	Stephen Raby	Horsforth Harriers	M	3:54:31
13.	357	John Egginton		M	4:19:46
14.	366	Mark Henshall		M	4:20:59
15.	348	Catherine Walgate		F	4:26:53
16.	356	Hannah Murton		F	4:42:38
17.	367	Mark Taylor		M	5:03:43
18.	343	Analia Coccia		F	5:08:11
19.	360	Kevin Chippendale		M	5:16:26
20.	365	Louise Shorten		F	5:18:02
21.	345	Andy Mobbs		M	5:28:01
22.	353	Eric Mobbs	Dewsbury RR	M	5:28:02

23.	371	Paul Marshall		M	5:31:34
24.	392	Luke Tomlinson		M	5:35:17
25.	379	Dave Cremmins	SGF Timing	M	5:43:58
26.	351	David Goodyear	Eccleshill Road Runners	M	5:53:29
27.	376	Sean Rowntree		M	5:53:57
28.	262	James Braithwaite		M	5:53:59
29.	401	Richard Whittaker		M	6:12:00
30.	382	Catherine Thomber		F	6:20:33
31.	383	Caroline Hovington	Pendal Tri Club	F	6:20:33
32.	373	Phil Hammond		M	6:30:59
33.	375	Russell Harper	100 Marathon Club	M	6:48:07
34.	666	Hillary Wharem	100 Marathon Club	F	7:58:22
35.	384	Andy Mason	Tadcaster Harriers	M	

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Rank	Bib	Name	Club	M/F	Time
Ultra					
1.	388	Andrew Hebden		1st Male	3:58:45
2.	391	Joseph Faeldonia		2nd Male	4:31:06
3.	395	Robert Harwood		3rd Male	5:25:18
4.	394	Nathan Conroy		M	6:16:52
5.	393	Martin Draper	100 Marathon Club	M	7:13:11